











AUGUST 2013 KINROSS/RUDYARD

SUN	MON	TUE	WED	THUR	FRI	SAT
	SUGGESTED DONATION OF \$2.50 FOR SENIORS \$5.00 FOR GUESTS	THIS MONTHLY MENU MAY CHANGE DUE TO CIRCUMSTANCES OUT OF OUR CONTROL	MEAL IS SERVED AT 12:00 ALL MEALS SERVED WITH BREAD AND MILK	1 BAKED FISH POTATO WEDGES SPINACH CHERRY PIE	2 ROAST BEEF MASHED POTATO W/GRAVY SQUASH APRICOTS	
	5 SUB SANDWICH WITH THE FIXINS POTATO SALAD VEGGIE TRAY N DIP HONEY DEW MELON	6 NO MEAL DUE TO SENIOR MILLAGE ELECTIONS	7 BOILED DINNER W/ HAM, CABBAGE CARROTS, POTATOES PINEAPPLE UPSIDE DOWN CAKE	8 TACO SALAD FRESH VEGGIES & DIP PEACH CRISP	9 BAKED ZITI SPINACH SALAD CAULIFLOWER APPLES	
	12 PEPPER STEAK RICE CARROTS BROCCOLI PEARS	13 SHEPHERD'S PIE W/ MIXED VEGGIES COLESLAW FRUIT SALAD	14 TURKEY W/ DRESSING MASHED POTATOES CALIFORNIA BLEND FRUIT COCKTAIL BANANA BARS	15 HAM N CHEESE SANDWICH GREEN BEANS POTATO SALAD WATERMELON	16 HOT DOGS BROCCOLI SLAW SWEET POTATO FRIES PEACHES	
	19 BBQ PORK BRUSSEL SPROUTS OVEN POTATOES APRICOTS	20 MEATLOAF AUGRATIN POTATOES BROCCOLI PUMPKIN PIE	21 ROAST BEEF & SWISS SUBS GRAPE TOMATOES 3 BEAN SALAD PINEAPPLE	22 MAC & CHEESE W/ HAM BROCCOLI SALAD PEAS & PEARL ONIONS TAPIOCA W/ BANANAS	23 CHICKEN PARSLIED POTATOES SQUASH PEACHES BIRTHDAY CAKE	
	26 EGG SALAD ON CROISSANT BROCCOLI SALAD TOMATO JUICE PINEAPPLE CHUNKS	27 BBQ RIBS PARSLIED POTATOES CARROTS MANDARIN ORANGES	28 PASTIE W/ GRAVY BEETS TOSSED SALAD CANTALOUPE BIRTHDAY CAKE	29 SLOPPY JOE POTATO WEDGES CALIFORNIA BLEND PEACH CRISP	30 PORK ROAST BAKED POTATO ACORN SQUASH STRAWBERRY ICE CREAM SUNDAES	

KINROSS: SERVING M-W-F 906-495-5381
RUDYARD: SERVING T-W-TH 906-478-5041